

Gifted & Talented: Books & Resources for Parents

NOTE: As a service to its users, the Vermont Department of Education offers information about resources that have been developed by other organizations. Unless specifically stated, the inclusion of such resources does not imply endorsement or support of information, products or services offered by an organization other than the Vermont Department of Education. Information about the following resources should be independently reviewed and evaluated.

For more information or to provide feedback about these resources, contact Noel Bryant at (802) 828-0215 or noel.bryant@state.vt.us.

Aderholt-Elliott, Miriam and Jan Goldberg. *Perfectionism: What's bad about being too good?* Are you a perfectionist? This book looks at perfectionism and offers strategies for how to deal with it.

Galbraith, Judy and Jim Delisle. *Gifted Kids' Survival Guide (The) (A Teen Handbook)* For teenagers that are gifted and talented, this is the ultimate guide to surviving and thriving in a world that doesn't always value, support, or understand high ability. Step-by-step strategies, practical how-to's and inspiring quotations, featuring insightful essays contributed by young people and adults.

Galbraith, Judy. *Gifted Kids' Survival Guide (The) (ages 10 and under)* Addresses questions about how children learn the way they do. What does gifted mean? Who gets into gifted programs and how? Why do other kids tease them about being smart and what can they do about it? How can they make school more interesting and challenging? These and other questions for children under 10 that are gifted and talented.

Karnes, Frances and Tracy Riley. *Competitions for Talented Kids* Students will find a treasure trove of information on selecting, entering, and competing in national contests – a resource beyond compare. From contests in general science and mathematics, to classical literature and art, this book offers students a listing of competitions in almost any talent area.

Kerr, Barbara A. and Sanford J. Cohn. *Smart Boys* Presents insight and offers practical ideas for parents, teachers and counselors of gifted males.

Kerr, Barbara A. *Smart Girls, Gifted Women* Presents insights and offers practical ideas for parents, teachers, and counselors of gifted females.

Olenchak, F. Richard. *They Say My Kid's Gifted, Now What?* This book provides parents with an easy-to-use guide to negotiating the educational bureaucracy associated with having a child recently identified as gifted.

Rogers, Karen B. *Re-forming Gifted Education* This user-friendly guidebook educates parents and teachers about important gifted issues such as working with schools, evaluating classroom programs, forming parent support groups, choosing appropriate curriculum, meeting social and emotional needs, and surviving the ups and downs.

Smutny, Joan Franklin. *Stand Up for your Gifted Child: How to Make the Most of your Kids' Strength at Home and at School* A practical guide to help parents advocate for their child. Includes how to recognize a child's gifts and understand their problems at school; uses real-life examples as illustrations and resource lists.

Strip, Carol A. *Helping Gifted Children Soar* The information and useful advice provided make this book an ideal resource regarding early childhood and elementary education both for those just starting out in the field of gifted as well as those who are already seasoned veterans.

Yahnke Walker, Sally. *Survival Guide for Parents of Gifted Kids (The)* Includes information about giftedness, gifted education, problems, personality traits, and more.

For more ideas, go to these Web sites:

Great Potential Press, Inc.: <http://www.giftedbooks.com>

GT World: <http://gtworld.org> (online community and resource for parents)

National Society for the Gifted & Talented: <http://www.nsgt.org/index.asp> (a resource for information and opportunities related to gifted education).

Prufrock Press, Inc.: <http://www.prufrock.com/showproducts.cfm?FullCat=58>